



## COVID-19 Health and Safety Guidelines

### Before the start of the season:

- We will require everyone to get tested for COVID-19 or get a doctors note clearing them to play basketball and must send a copy of their results to [bloftus@sharksbasketballacademy.com](mailto:bloftus@sharksbasketballacademy.com) for the program to properly keep track of when everyone has been tested.
- If you have been tested for the antibodies or have had COVID already and did the 14-day quarantine we require that you send over the most recent copy of your test results stating that you are cleared of the virus.
- We will also be providing a list of facilities where players, coaches, family and friends can go to get tested if need be.

### Pre-Practice:

- Before entering practice facility players should arrive 10-15 min early fully dressed and wait in their car until a coach tests them from their car for any possible symptoms related to COVID-19.
- Once a player has passed the pre-practice test, they will exit their vehicle and proceed to enter the facility one at a time wearing their mask (players can remove mask while participating in practice).
- If a player has any symptoms relating to COVID-19 the player will be unable to practice for that day and will not be able to participate until they are symptom free and have a doctor's note to return to play. This will be the case for the duration of the summer season.
- Coaches will have all necessary sanitation and medical supplies needed for practice.
- Players will have a "sanitizer break" after a designated set of drills.
- Only players and Coaches are allowed into practice facilities during the summer season.
- Parents dropping off/picking up should wait in the cars and NOT in the facility until practice is dismissed.

### During Practice:

- All players must have face coverings on before entering the practice facility. It is the player's responsibility to have one at the start of the season.
- We will provide all necessary equipment for each practice/tournament
- Equipment will be wiped down periodically before and after each practice.
- Sanitation stations will be set up throughout the practice facilities for players if need be.
- Only 1 person will be allowed to go to the bathroom at a time.

### Post Practice:

- Once practice has concluded one of our coaches will go around notifying each group when they are able to leave the facility to reduce the possibility of coming into contact with another player/group.
- There will be no socializing after practice so when practice is officially over players must leave immediately with their belongings.

### **Additional items players should bring to practice:**

- Masks when entering and leaving the facility.
- Gloves are preferred although they are optional.
- Bring your own water since water fountains won't be available

**\*\*\*As a friendly reminder by allowing your son to participate in the 2020 Summer Season, you have acknowledged and agreed that your son will be engaging in contact drills/physical play during Phase 4 of Illinois plan of reopening the state among COVID-19. We as a coaching staff are preparing to take the necessary actions to keep your son safe and reduce the possibility of them contracting COVID-19 during play\*\*\***

If you have any questions about these procedures, COVID-19 in general, would like to get tested if experiencing any symptoms or would like to know if you have developed antibodies for the virus, please feel free to contact me. I work for a Clinical Lab that offers COVID-19 testing and would be more than happy to help during these unprecedented times.

Best Regards and Stay Safe!!

**Go Sharks!**

Brian R. Loftus  
Health and Safety Advisor  
Director of Public Relations and Marketing  
Sharks Basketball Academy, LTD.  
Phone: 708-420-7083  
Email: [bloftus@sharksbasketballacademy.com](mailto:bloftus@sharksbasketballacademy.com)  
Website: [sharksbasketballacademy.com](http://sharksbasketballacademy.com)